

10 TIPS FOR FAMILY - FRIENDS - CAREGIVERS OF THOSE WHO MAY NEED ASSISTANCE



- Help the person requiring assistance to create a disaster plan and support network with backups built in.
- Ensure that the support network knows how to operate life supporting equipment and/or mobility equipment.
- Assign roles and responsibilities to support network members.
- Discuss options for transportation and temporary housing with support network members.
- Assist in creating a plan on how to best care for their service animals and pets.
- Help them determine the best method to be notified of a disaster. Assist with set-up as needed.
- Help to create an emergency supplies kit tailored to their needs.
- Know the emergency plans, policies and procedures of any agency providing care.
- Prepare to provide emotional support. Learn what you can do to calm the person requiring assistance and how to stay calm yourself under stressful conditions.
- Identify different places they may need assistance, such as churches, work, etc.

EMERGENCY SUPPORT NETWORK NUMBERS

Contact Name

Contact Number

Turn over for Accessible Individual Tips!
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